

Wellington Naturist Club

A prestigious club with modern facilities and beautiful grounds

March 2023

Visitors and campers welcome
Cabin accommodation available

www.wellingtonnaturists.co.nz

(+64) 027 330 6212 • 20 Molloys Rd, Te Marua, Upper Hutt, New Zealand

President's Piece

I was heartened to read women in Berlin will soon be allowed to go topless at the city's public swimming pools, just like men. Aren't we fortunate to have some countries/cultures thinking positively about bodies. I recall my teenage years topless at Piha beach. It was quite acceptable, but then socially it changed.

Our Sunday open day was lovely and sunny - 13 at life drawing and another 12 fresh faces through the gates to look around. A few members turned up that we hadn't seen for a while.

Thank you to the volunteers who took turns at the gate and showed people around. Many of the visitors got into club uniform and into the pool with no hesitation at all.

We've featured on Prime TV in a show called Not Even which you may recall was filmed on location last year.

You'll receive an extra email next week from me asking for your feedback on some proposed remits for the AGM; please take a few minutes to respond.

Enjoy the last of the gorgeous March weather.

Ngā mihi
Robyn



UPCOMING EVENTS

Afternoon tea every Sunday @ 3pm,
last one 30 April

March

Sun 19th

3-Down Club Champs

10am — 4:30pm or when completed

Sat 25th

Final Festival Fling

6pm Pot Luck Dinner

Sun 26th

Kubb Club Champs

10am- 4:30pm or when completed

April

Sat 9th

2:30pm Easter Egg Hunt
3pm Afternoon tea



Fri 14th

Takeaway Friday

Orders in by 6pm

Sun 16th

Committee Meeting

10:30am All members welcome

Sat 22nd

Visit to Matiu/Somes Island

See poster on page 4

Sat 29th

Country & Western Hoedown

6pm Catered Hoedown dinner



Sun 30th

Working Bee

9am start, lunch provided

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Important message from our Treasurer

Whilst we are all enjoying summer it is time to remember that the club needs your support all year if we wish to retain the fabulous facilities that we all enjoy in the warmer months and sadly things like electricity, Rates, insurance and general maintenance are all going up in price and we all feel this in our own lives and homes.

You may recall at the last AGM we highlighted a likely need to increase Site fees and this will need to happen in April, but the good news is our membership subscriptions don't need to increase as well. So, if you have a site please prepare for the changes to your payments from 1 April.

Annual site subscriptions will increase by \$50 to \$445 per year. This means it still costs us less than \$1.25 per day to have a site and free accommodation for up to 100 nights at our club with access to power and gas. This low rate only remains possible due to the work done by all our fabulous volunteers at working bees and every week throughout the year.

If you pay annually you will need to prepare to pay the following amounts. The increases are still below the published rate of annual inflation which Statistics NZ estimate to be around 7.3%.

Single member with a site \$740.00 payable in April; Couple with a site \$1035.00 payable in April.

If you pay monthly, you will need to change your standing order to the following.

Single member with a site \$65.00 per month from 1 April; Couple with a site \$90.00 per month from 1 April

If you wish to change from annual payments to monthly, please let the Treasurer know asap,

email: treasurer@wellingtonnaturists.co.nz

Welcome

to new members

Gordon S, Bob B

Congratulations!

to Brent S, now a full member

We hope you have a long enjoyable time at our club

First Working Bee

Sunday 30 April

9am start

Lunch provided

Please email or ring Mike if you are aware of any outside jobs that need doing.

Club Champs Coming Up

Sunday 19 March **3-Down** Singles and Doubles 10am till completed

Sunday 26 March **Kubb** Singles and Doubles 10am till completed

All members welcome to take part, bring a picnic lunch and make a day of it



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Final Festival Fling Pot Luck Dinner

Saturday 25 March

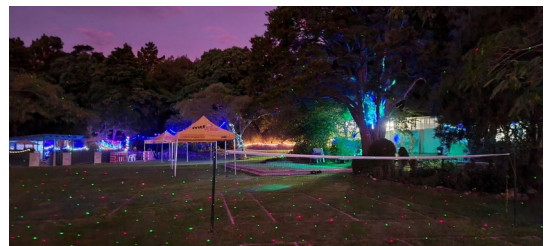


Join us to celebrate our recent successful Festival

5pm nibbles

Some drinks provided

Please bring a main course to share, nibbles and dessert provided



EASTER EGG HUNT!

Sunday 9 April @ 2:30pm

Meet on the hall deck to get your clue sheet from Chris and Rob

Afternoon tea @ 3pm



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Visit to Matiu/Somes Island

Mike M is organizing a visit to Matiu/Somes Island. The Island is a predator-free scientific reserve. It is also a historic reserve with a rich multicultural history. Matiu/Somes Island is the largest of three islands in the northern half of Wellington Harbour. It was the site of military and quarantine internments, as well as animal quarantine until 1995.

NB: this is a clothed event, you will not be able to be nude.

When: Saturday 22 April, weather permitting

Cost: \$12.50 return

Time: 8:45am meet at Queens Wharf or pool vehicles from WNC, leaving 8am.
Ferry leaves at 9:15am. Returns at 12:05, 1:35 or 3:30pm

RSVP: text Mike on 021 599 734 by 15 April.

Limited to 50 people



Miniten Results

Great to see more members playing miniten, practising, and proving themselves on the court, some very good games.

Winner Singles Brent H

Runner up Ken

Winner Plate Steve S

Winner Doubles: Brent & Lindsay

Runner up Ken & Jude

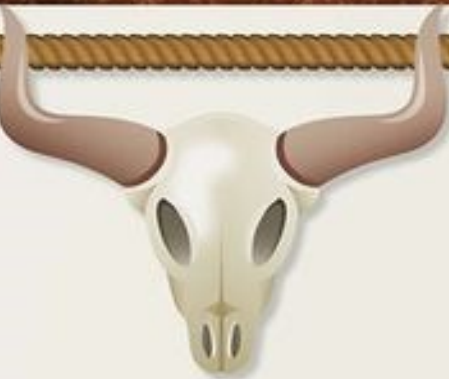
Winner Plate: Toni & Steve



Hired mulcher turning three trailer loads of branches into much needed mulch in the newly weeded banks. Thanks to the team making light work of it in two hours and no double handling or smoky fires.

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SADDLE UP

AND PUT YOUR BOOTS ON!

WE ARE HEADING OUT TO THE

WILD WEST

COUNTRY & WESTERN HOEDOWN

CATERED HOEDOWN DINNER

SATURDAY 29 APRIL 2023

\$25/adult

6pm nibbles

Custodians leaving party!



RSVP to Toni by Wednesday 26 April

text 027 330 6212 or

email: dinner@wellingtonnaturists.co.nz



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Annual General Meeting

Saturday 27 May 2023

Preparing for the AGM - consulting with you

We're proposing some changes to the constitution to improve membership and how we run the club. They include:

1. Modifying the Life membership clause and process
2. Introducing pre AGM voting by post for 2024
3. Scraping the 100km proxy vote limit
4. Allowing electronic voting in the future when the committee is ready to do so.

Introducing a 5 year capital expenditure plan to be reviewed annually (we currently only have a requirement for a one year operating budget).

There are also some bylaws that will benefit from modification and clarity. Our club bylaws are not very visible to members and we want to be more transparent. We have a draft manual for how to operate as a committee but it is not adopted and visible. Our members handbook is not very visible unless you're new.

If you have something you feel strongly about please come and work with us. There is no time to lose as remits need to be in a month prior to AGM on 27 May 2023.

We will be emailing you with a link to a poll next week because we want your support before going to all that effort. The poll won't be binding but will give us the direction we need to do things properly. If you're quick it's not too late to add your ideas, please get in touch.

HEALTHY HABITS CORNER

Why are saunas good for you?

Apart from the obvious benefit of relaxation, sweating in heat without stress and a social time with like-minded members, it's also reputedly good for migraines.

A tip for the beginner: start with short times and sit lower on the benches. Ease into the cold shower between sessions by cooling your feet first, then up to your groin, hands to your armpit, then face and front body, leave hair and back body to last.

Every time I use the sauna I acknowledge the simple design - easy to pull apart for cleaning and low maintenance - thanks Albert. It was designed by Albert more than 30 years ago and has stood the test of time. The benches were re used from the original sauna located where the hall bar is today

Regards Phillip.



Sauna



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French Long Lunch

On Sunday 26 February, the Club presented its annual long lunch, which this year received a French theme. With our autumn climate of sunshine and long showers, the event moved indoors to a hall bedecked in red, white and blue. Forty members and visitors came along in various tricolour renderings, many sporting berets – some of which fitted; a few even stayed in place for a minute or so.

The long tables were set with white tablecloths, white plates with blue serviettes, and a centrepiece of red, white and blue flowers – all brought along from the club garden.

On our long menu - French bread with Camembert and home-made pate, followed by seafood-filled croissants, mushroom crepes, chicken, roasted red pepper vol-au-vents, Quiche longaine (oops!) and red cabbage salad. Then long chocolate eclairs, crepe suzette and profiteroles, followed by coffee.



Members were still lounging around at 3.30pm, chatting for quite a longtemp. We're all longing to see you along at the next long lunch.

Rob C



WNC EXECUTIVE COMMITTEE

President	president@wellingtonnaturists.co.nz
Treasurer	treasurer@wellingtonnaturists.co.nz
Secretary	secretary@wellingtonnaturists.co.nz
Membership	membership@wellingtonnaturists.co.nz
Newsletter	news@wellingtonnaturists.co.nz
Reservations	reservations@wellingtonnaturists.co.nz
Club mobile phone	027 330 6212
Website:	www.wellingtonnaturists.co.nz
Facebook:	https://www.facebook.com/Wellington-Naturist-Club-117328105044719/