

#### **President's Piece**

A great working bee last weekend. Thanks to everyone who helped and a special mention to Claire leading the team on a grizzly job



clearing the fence-line behind Ross's carport fence where previous neighbours have dumped rubbish, clothes, bottles, pills....., and to Greig leading the team concreting the bike and fuel shed floor behind the spa room.

We were mostly still full following Shirley's outstanding mid-winter dinner the evening before. It was a great fundraiser and made for more than 50 happy people celebrating in the true sprit of Matariki.

During the working bee Ken and Willie helped me in a walk-around to identify some decent sized jobs that need to be completed. See the section below for details and if you can help.

Richard, our site manager took Liv and I for a walkabout all of our sites and we've identified a few matters that need tidying up. It's really important now that we have maximised our sites, have a waiting list and a festival in January that we manage our sites well. If you're one of the few who are contacted please take this in the spirit of working for the clubs best interests (these matters include 100 day use, state of caravans, storage and usage, electrical warrant of fitness).

The hot tub was a treat for those who took the polar plunge and the water soon dropped in temperature from 17 chilled bodies. Thanks for the warming mulled wine Jude.

I look forward to the next club dinner and working bee on the last weekend of July. I'm not sure how I ended up volunteering for desserts!

Ngā mihi

Robyn

#### **UPCOMING EVENTS**

#### July

Fri 29 <sup>th</sup>	6pm Takeaway Friday Orders in by 6pm
Sat 30 <sup>th</sup>	11am Committee Meeting All members welcome to attend
Sat 30 <sup>th</sup>	2pm Festival Meeting
Sat 30 <sup>th</sup>	6pm Hearty Winter Fare Catered Dinner
Sun 31 <sup>st</sup>	9am Working Bee Lunch provided

#### **August**

Fri 26 <sup>th</sup>	6pm Takeaway Friday
Sat 27 <sup>th</sup>	11am Committee Meeting All members welcome to attend
Sat 27 <sup>th</sup>	2pm Festival Meeting
Sat 27 <sup>th</sup>	6pm 'Turn Back Time' Catered Dinner
Sun 28 <sup>th</sup>	9am Working Bee Lunch provided

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The AGM was well attended despite the weather with a turnout of 41 members.

A minutes silence was held for Doreen Whittaker who passed away in July 2021.

Three remits were proposed:

- 1. Christine J. proposed a change to rule 4.1.3. This remit was not passed.
- 2. The second remit was proposed by Brent A. This was to amend the wording to rule 4.1.2. This remit was not passed.
- 3. The third remit was proposed by Shirley D. This proposed a change to rule 2.1.4. This remit was withdrawn by Shirley and the committee will put forward some ideas to develop the eligibility and process

The accounts for the 2021/22 year and the budget for 2022/23 were approved.

June Campbell-Tong was overwhelmingly supported to continue as Club Patron for 2022/23.

New members Robyn B, Liv C, David F and Mike M were appointed to the committee.

Departing Committee members Brent H and Ken M were thanked for their contributions to the Club.

The membership fee of \$295 per annum or \$26 per month will not change.

Site fees will increase by \$50 from \$395 per annum to \$445 per annum from 1 April 2023

The Statement of accounts were accepted and the existing auditor was reappointed.



The committee has reluctantly accepted Pip's resignation and they are now looking for a member to fill this vacancy.

Please contact Robyn if you are interested

email: president@wellingtonnaturists.co.nz

### **Hot Tub**

The hot tub in the swimming pool area is now switched off.

The hot tub will be operational over the dinner / working bee weekends (end of the month).





Please take care in frosty and wet weather, decks and footpaths can be very slippery.

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Join us for our



Hearty Winter Fare Catered Dinner

**Saturday 30 July** 



5:30pm Happy Hour

6:00pm Nibbles

\$25/adult; Kids 5 - 16 \$1/year of age

RSVP by Wednesday 27 July at the latest

email: dinner@wellingtonnaturists.co.nz or

**phone/text Jude:** 021 118 4212

### Licenced Bar operating

Saturday 30 July 2022

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### **Working Bee**

### Sunday 30 July 2022 - 9am start - Lunch provided

Some big tasks are planned for this working bee, please bring your tools and any safety gear you may need.

- Square up orchard & add wooden edging.
   Move old bark chip into area
- Raise the height of the wooden fence where our neighbours can see in (Willie Leading)
- Install Gabions (mesh baskets for retaining walls) where the stream has eroded into the bank of FAL driveway.

If you have experience with Gabion baskets please contact the President.

 Collect rocks from the Hutt river (yes, the council says we're allowed so long as they are above the water) in a trailer for the gabions

Fence extension beside the swimming pool towards the stream (Chris leading)

We need someone(s) to dig 3 holes for the posts. They are already marked& need to be dug in advance

 Main ablution block roof needs replacement of mid-section sheets (Greig leading)

- Load trailers and remove junk to landfill (we will pay the landfill fees) including 2 broken down trailers if possible
- Strengthen the fence on the property edge behind Brent's carport, then finish clean-up & tree planting
- Widen the path by the deck, then concrete

Also a myriad of small jobs and cleaning jobs including inside work if it is wet (cabins, painting, varnishing, sorting).

If you can bring a trailer or can help with any of the above jobs please contact Dave F on 027 289 1471.

As you can see there is lots of work to do, so everyone's contribution is very welcome.

Later on mid-week we will also be removing a large tree from the stream using a cherry picker (lead Carl) & dredge stream (lead Willie). If you can help, please sign up at the next working bee.

Murray will be leading on replacing the sunken blocks with a path from the Park Lane steps to the ablution block.

## Key tasks completed at the last working bee:

- Concreting of bicycle shed and setting up a fuel container
- Removed old metal pole and plant beside main path / main deck
- Paths were sprayed for moss
- Roof gutters swept on most buildings
- Progress on hand rail from FAL to Streamside
- Clearing of corner behind Brent's carport (a massive, dirty task)
- Taking junk off the property including bags of wandering willy
- Removing dead trees and trimming back bamboo
- Straightened swimming pool fence
- Scoped up new jobs for next working bees.

**Thanks to everyone for their hard work.** It takes many people to maintain this big complex we are so fortunate to enjoy.

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Wellington Naturist Club Molloys Road, Te Marua, Upper Hutt, Wellington 5018

Wednesday 28 December 2022 – Tuesday 3 January 2023

(NZNF Delegates Morning Wed 28 December 2022)

W: wellingtonnaturists.co.nz | T: 027 330-6212 | E: Treasurer@wellingtonnaturists.co.nz

#### CARAVAN FOR SALE

Andrew S is selling his 1974 Liteweight 1500. Fully braked, road registered and has road and electrical WOF.

This can be viewed at Lowlands one site south of the eel landing.

If interested, call Andrew on 027 343-9741.



#### WNC EXECUTIVE COMMITTE

President president@wellingtonnaturists.co.nz
Treasurer treasurer@wellingtonnaturists.co.nz
Secretary secretary@wellingtonnaturists.co.nz
Membership membership@wellingtonnaturists.co.nz

Newsletter news@wellingtonnaturists.co.nz

Reservations reservations@wellingtonnaturists.co.nz

Club mobile phone 027 330 6212

Website: www.wellingtonnaturists.co.nz

Facebook: https://www.facebook.com/Wellington-Naturist-Club-117328105044719/

# FLU BREW

This is an age old remedy forgotten with the arrival of new drugs etc. We all know the benefits of honey and ginger, it's why the pharmaceutical companies add them to cold treatments, but bay leaf was often credited with prevention for the bubonic plague. People used it in their handkerchiefs for the smell not realising it had antibacterial properties <a href="https://blog.justingredients.co.uk/bay-leaves-the-famed-ingredient-of-ancient-greece/">https://blog.justingredients.co.uk/bay-leaves-the-famed-ingredient-of-ancient-greece/</a>

## SCRVCS 2

### Ingredients:

- 2 lemons diced, skins and all
- 2 Tbsp grated root ginger
- 2 Tbsp honey
- 1 large bay leaf
- 4 cups boiling water

### Method:

- 1. Place all ingredients in a saucepan
- 2. Bring up to a boil, then simmer 15 mins
- 3. Pour through a sieve or coffee plunger into 2 mugs
- 4. Drink it as hot as you can handle (this is important), 3-4 times a day.

HAUORA PAI