

Wellington Naturist Club

A prestigious club with
modern facilities and beautiful grounds

October 2020

Visitors and campers welcome
Cabin accommodation available

www.wellingtonnaturists.co.nz

(+64) 027 330 6212 • 20 Molloy Rd, Te Marua, Upper Hutt, New Zealand

From the President

Spring is in the air, the repainting of the pool is underway, the rhododendrons are coming into flower and ducklings wander the grounds. It's a good feeling to know that things are lining up for a great summer ahead.

Many New Zealanders have missed out on their overseas escape to a place in the sun over the New Zealand winter. Some of these people may have felt comfortable with experiencing the joys of naturism in a place where they were anonymous, where they were not going to come across people they knew.

That window of opportunity is currently shut, and they will be looking for opportunities to experience such joys closer to home. They may feel uncomfortable about this but will search out a place where they can feel safe, where they are able to mix with like-minded people who understand the experience of being clothes free.

Do you remember a time when you were hesitant and nervous about coming to the club for the first time? This spring we have already received more enquiries than usual. We are about to promote our club through Google and social media to capture those who may be seeking a naturist experience without leaving the country,

What has this got to do with club members? It is up to everyone to welcome new members and visitors, make them feel comfortable, and present the club in the best possible light.

We have activities coming up over Labour weekend that will help promote the club. Get in behind these activities and make our guests feel welcome.

Yours naturally
Malcolm

COMING UP

Afternoon tea every Sunday @ 3pm

Have you put your name on the roster yet?

October

Labour Weekend

Sat 24th **Catered Roast Dinner**, 5:30pm

Followed by Pub games with
Ruth & David

Sun 25th **Fun petanque & kubb** 10:30am

Plant sales

Bush Bathing 2pm

Tulip Cream Afternoon tea 3pm
\$5 donation

Sat 31st **First BBQ of the season**

BYO nibbles @ 5:30pm

Salads provided

Dress for Halloween

BYO barbecue every Saturday night

November

Fri 6th **Fush n Chup night**

orders taken @ 6pm

Sun 8th **Committee Meeting**, 1pm

All members welcome to attend

Sun 15th **Life Drawing**, 11am - 3pm

December

Sun 6th **Life Drawing**, 11am - 3pm

Fri 11th **Fush n Chup night**, 6pm

Fri 25th **Xmas Day 'Waifs and Strays**

Thu 31st **New Year's Eve**

More information on these events can be
found further on in the newsletter

Remember to book early for the catered
dinners

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Committee highlights

11 October 2020 meeting

- * Membership cards have arrived and can be picked up at the club - see a committee member
- * Finances - interim profit/loss statement show Club finances to be in a healthy position.
- * Membership - six new members approved
- * Work has commenced on painting the main pool
- * Investigation of a second (outdoor) spa pool in the pool area approved
- * Tree by the stream to be removed
- * Upcoming activities approved: Life-Drawing classes and a photoshoot in January by Blair Hinton.

Ablutions in hall

The showers and toilets in the hall can be used by those using the spa/sauna, and also by those site holders below the hall. Could all users please ensure that the ablutions are left clean after use and that all personal items are taken away.

There is a board to record when the ablutions have been cleaned and this responsibility should be shared by those using the facilities. Please also check and clear the drain in the shower area when cleaning.

Visitors to the club will be asked to use the ablutions block on the main lawn. This facility has greater capacity gas heated hot water.

Please ensure all doors to the spa/sauna area are closed when not in use

Site Inspections

A reminder to spruce up your caravans and tidy up your site in readiness for summer and inspection, which will be conducted after Labour Weekend.

The presentation of our club to future members and visitors is in your hands, lets all keep naturism alive.

Please call me if you have any questions.

Richard
027 325 0037



to the following new members:

Keith & Diane



Dylan

now graduated to full membership
We wish you a long and enjoyable time
at our club



Contractors water blasting the
swimming pool

Please be aware that the swimming pool is currently out of commission. It is being repainted in time for summer.

The committee would like to apologise for any inconvenience and envisage the pool to be back up and running by early November.

The lounge chairs will be placed back around the pool when completed.

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Labour Weekend Activities

Saturday 24 October

Catered Roast Dinner

Starting with nibbles @ 5:30pm

\$20/head

Followed by pub games
with Ruth and David



RSVP to Jude by Wednesday 21 Oct

Text: 021 118 4212; ph 526 5258 or

Email: judemercer@slingshot.co.nz



Sunday 25 October

Fun petanque & kubb
main lawn @ 10:30am

Bush bathing

Meet on the hall deck @ 2pm



Tulip Cream Tea @ 3pm
\$5 donation

Join us for a relaxing weekend, stay in a cabin, enjoy a catered meal, have fun playing petanque or kubb, leave your devices behind and reconnect with nature in the bush, Partake in a lovely afternoon tea in support of Parkinson's NZ

Media have been advised of these events and may visit the grounds at some stage during the weekend

Calling for volunteers firstly to run the friendly Petanque games on Sunday and secondly to meet and greet visitors and/or assist with parking for the open day. Please let Jude know 526 5258.

Tulip Cream Tea donations for Parkinson's NZ can be made earlier if you are unable to attend on Sunday. A donation box will be located in the lower lounge.

Bush Bathing @ WNC

Sunday 25 October 2020 - 2pm

Meet on the hall deck

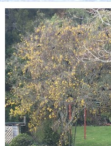
"Mindful gardening / connection with nature" is one of the themes for this year's Yates National Gardening Week



The idea is to get into some 'Bush Bathing'. Bush Bathing is New Zealand's version of 'Forest Bathing' - a practice that originated in Japan, called Shinrin Yoku, (translates to 'forest bathing'). This practice is based on the premise that Nature has a profound effect on our overall wellbeing, and offers us numerous rewards, both mentally and physically.



It is a matter of leaving your devices in your car, in your bag, at home and taking yourself off into the peace and tranquillity of the bush. Wander or sit. Observe the sounds, colours, textures of all around you.



The chemicals released by trees and plants, have been proven to have powerful immune-boosting properties. Studies show that regular exposure to nature can reduce blood pressure, aid sleep and improve concentration and memory. There's also a big mindfulness aspect, a bit like a meditation on foot, which implicates forest bathing in the reduction of depression and anxiety.



Join us for a relaxing time — bring something to sit on

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Tulip
Cream
Tea

Join us for a delicious Tulip Cream Tea
in our beautiful grounds:
nude petanque, kubb & bush bathing
SUNDAY 25TH OCTOBER 10.30AM - 4PM

\$5.00 donation
proceeds to Parkinson's New Zealand

20 Malloys Road, Te Marua,
Upper Hutt 5018
Please RSVP to
judemercer@slingshot.co.nz

SUPPORTING PEOPLE
LIVING WITH PARKINSON'S



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Works and Grounds Update



- Steps into the spa have been painted with a non-slip paint
- Signs to be made to show where to put tree trimmings, noxious weeds, etc on bottom ground, however, no more tree trimmings etc after Labour Weekend unless you take them home
- Golf course is ready for playing, clubs, tees etc on right of hall stage
- More clearing required on west boundary of golf course
- No more firewood for sale, what is left is spoken for
- Be vigilant for Old Man's Beard and Wandering willie
- Children's playground to be weeded.

SATURDAY 31 OCTOBER

First BBQ of the season

BYO nibbles @ 5:30pm

**Salads will be provided by the
Committee**

Dress for Halloween



Celebrating Christmas / New Year

Wayne will host the Waifs & Stray's Xmas again this year on Friday 25 December at the club. Please register your interest with Wayne.

This is a call out for suggestions/ideas to celebrate New Years Eve 2021. Also wanting to get an idea of how many people might be around? Let Constance know if you are interested.

Fush n Chup night

The Fush n Chup night on Sat 10 October had the biggest turn out yet. Seventeen club members congregated to watch the rugby. The feed of shark n tayties between matches was kindly organised by Ken and Jude. A break off group decided to play Articulate after dinner, with much hilarity.

With the summer BBQ season upon us the Fush n Chup night will revert back to a Friday, with the next scheduled evening being Fri 6 November and on Fri 11 December the following month.

Newsletters from other clubs

Newsletters from other NZ naturist clubs can be found in the ring binders in the lower lounge.

Check out what's happening in other regions.

Outdoor furniture

Please ensure you put the bean bags and white sun loungers back in the hall when you have finished using them.

Bear in mind that the sun loungers are light-weight and the spring winds are quite strong so we don't want them flying around the grounds getting damaged.

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New Zealand nude Gardening Day

Labour Weekend

Be in with a chance to win \$1000 and a gardening package with Lynn River's National Gardener of the Year Competition. We are offering our budding gardeners, nudist and anyone who fancies taking part a chance to win some goodies.

Enter our photo competition of you (and your fellow gardeners) gardening in the nude and be in with a chance to win! The winner will win \$1000 and a Lynn River gift package as well as the title of Nude Gardener of the Year and the 11 runners up will also win prizes! As a runner-up you can win \$200 and a gardening glove package.

Our revitalised passion for nature has inspired Lynn River to get involved for this years National Nude Gardener of the Year! Nude Gardening Day first took place in 2005 and has been a growing global

trend ever since, with 2020 unsurprisingly hosting the most participants yet.

World Naked Gardening Day usually occurs in May each year, however that's a little nippy for us Kiwis so we have our own National Nude Gardening Day during October Labour Day Weekend.

Whether you're a garden enthusiast or a pot plant tinkerer, taking part in nude gardening on a whim or as a way of life, this is the day and the comp for you!

Have a look at <https://nudegardeningday.co.nz/> then get out your camera to enter the competition!



WELLINGTON NATURIST CLUB LIFE DRAWING

11am-3pm Sun 15th Nov 2020

You can model for the artists,
or be an artist and draw the models,
or swap between the two.
Bring your own art materials,
or use the materials provided.
Join in on creating the art of the nude.

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Mediterranean Dinner and Quiz Night



Quiz Update

It was really fun to watch the teams fiercely competing for the 2020 WNC Quiz crown this year. Unfortunately after the end of the quiz a potential error was pointed out in the score calculations. Following a complete review we need to put our hands up and say that yes, there was a small but very important mistake. On the night three teams were within 1 and a half points of each other and this has now reduced to 1 point. More importantly we need to acknowledge the rightful champions.

The actual results are :-

1st - **Team 3** (Cleopatras Clientele) with 80 points

2nd - Team 7 (Kereru) with 79.5 points

3rd - Team 5 (Famous Five) with 79 points

Team 5 probably still deserved the chocolate given the awesome job they did in the kitchen. A very enjoyable meal thanks. Our apologies to Team 3 for not recognising their deserved win on the night.



WNC EXECUTIVE COMMITTEE

President	president@wellingtonnaturists.co.nz
Treasurer	treasurer@wellingtonnaturists.co.nz
Secretary	secretary@wellingtonnaturists.co.nz
Membership	membership@wellingtonnaturists.co.nz

Reservations reservations@wellingtonnaturists.co.nz

Club mobile phone 027 330 6212

Facebook: <http://www.facebook.com/#!/pages/Wellington-Naturist-Club/117328105044719>